JAPANESE ROYALTY ENTHRALLS CROWDS, PG3

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VANCOUVER • MONDAY, JULY 13, 2009 metronews.ca

Celebrity Buzz

La Toya Jackson suspects murder
pg 14

Going Green

Is non-stick cookware safe to use?
pg 9

Pilots killed in Richmond crash identified

PIPER NAVAJO Two pilots killed in a Richmond plane crash have now been identified.

Sunderland

Jeremy Sunderland and Matthew Pedersen were piloting the twin-engine Piper Navajo to Vancouver International Airport Thursday night when the small plane crashed into a parking lot. No one was injured on the ground.

Pedersen

Sunderland, 28, had celebrated his birthday two days prior. Friends posted condolences on his Facebook page. One called him a wonderful son, while another called him a straight shooter.

The airplane, which was inbound from Victoria, was carrying blood for Canadian Blood Services and crashed about four kilometres from the airport.

According to media reports, investigators are examining whether a larger aircraft caused turbulence for the cargo plane.

METRO VANCOUVER

2007

• On Oct. 19, 2007, a Piper Seneca crashed into a Richmond condominium killing the 82-year-old pilot and a resident.

SunnySide

Follow Metro's SunnySide initiative and send us your suggestions at vancouverletters@metronews.ca, metronews.ca or on Twitter @metrovancouver.

Today

• Take Anne Hines' quiz to see if you have what it takes to be a writer, pg 6

JEFF HODSON/METRO VANCOUVER

Vancouver Mayor Gregor Robertson crosses the Burrard Street Bridge yesterday in one of two new bicycle lanes. The lane reallocation trial, priced at $15 million, begins this morning. More coverage, pg 9

Give bridge bike trial 'time to work': Mayor

Robertson says test will be monitored, hopes people will 'adjust'

JEFF HODSON
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Vancouver's mayor expects there will be some congestion this afternoon as vehicle commuters "adjust" to the reconfigured Burrard Street Bridge.

The $1.5-million lane reallocation trial, which eliminates one of the three southbound traffic lanes in order to create two bicycle lanes, begins this morning.

The real crunch, however, should be this afternoon when up to 35,000 vehicles try to squeeze home in two lanes instead of three.

"Many are expecting chaos for the days ahead, but hopefully cooler heads will prevail and people adjust," said Mayor Gregor Robertson, who tried out the new bicycle lanes yesterday.

He told reporters that it was the first time in his life that he has felt safe crossing the bridge on his bike.

"There's always some congestion coming out of downtown in the afternoons, but it's spread over more hours than the morning commute," Robertson said.

"Hopefully we have an adjustment over the next couple of days and people get used to the new way."

The new lane arrangement was completed over the weekend and was open yesterday, although there was some confusion.

A number of pedestrians walked in the east bike lane, while some cyclists rode on the west pedestrian-only sidewalk.

The city estimates that 8,000 to 9,000 people cross the Burrard bridge every hour — half of those are people driving alone in cars.

For the trial to be successful, the city needs some drivers to adjust their commute and opt for the slightly longer route across the underutilized Granville Street Bridge.

A previous six-month trial in 1996 was scrapped after a single week due to public complaints. Robertson said this trial would be monitored and fine-tuned, but would run its course.

"We need to give this more time, let people make the adjustments, make sure that we've dealt with the details that aren't working as well — but we've got to give this some time to work."

Cyclist safety

• Robertson said safety is key to the trial. He said one adult cyclist is taken to hospital every 18 days for injuries sustained crossing the Burrard Street Bridge.

Ski jumpers' lawyer uncertain of appeal

VANCOUVER 2010 Games

COURT A lawyer representing 15 female ski jumpers said he needs time to consider whether to appeal a B.C. Supreme Court decision not to order VANOC to let women jump in the 2010 Games.

"We're disappointed … but respect the judge's ruling," Ross Clark said.

On Friday, Justice Lauri Ann Fenlon ruled VANOC isn't violating Canada's Charter of Rights by not staging women's ski jumping.

Fifteen women had gone to court seeking to take part in the Olympics or cancel men's ski jumping as well.

While Fenlon agreed that excluding women is discriminatory, she said it's the International Olympic Committee's decision — not VANOC's.

The Charter of Rights does not have jurisdiction over the IOC.

Katie Willis, a Calgary-based ski jumper and one of the plaintiffs in the case, said she was disappointed by the news. "It's awful that we lost, but I'm glad we tried," Willis said.

Jessica Jerome, an American jumper said the news has left her "extremely disheartened." "This decision will affect a lot of talented skiers," she said.

The IOC responded that decisions regarding Olympic programs are "carefully considered" years in advance.

"When the 2010 program was determined in 2006 … women's ski jumping had not developed to the point where it was ready for inclusion in the 2010 Olympic Winter Games," the statement said.

KRISTEN THOMPSON/ METRO VANCOUVER

Singular

• Ski jumping is the only sport in the Olympic Winter Games that doesn't have a women's component.

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B.C.'s Police and Fire Games could be best-attended
British Columbia's World Police and Fire Games could be the best-attended ever as more than 10,000 athletes have already registered with about three weeks left before the event. The best-attended games were in Barcelona in 2003, when 10,576 athletes participated. METRO VANCOUVER

Local

Underwear run targets cancer

This weekend's Underwear Affair charity run raised $670,000. The event, which aims to raise awareness of cancers below the waist, saw more than 1,000 runners and walkers participate, dressed in brief costumes or in their underwear. METRO VANCOUVER

Japanese royals draw hundreds

Emperor, Empress visit Downtown Eastside as part of cross-Canada visit

KRISTEN THOMPSON
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Hundreds of people lined Alexander Street in the Downtown Eastside yesterday, waving Japanese and Canadian flags to catch a glimpse of the Emperor and Empress of Japan.

The royal couple, who arrived in Vancouver on Friday as part of their visit to Canada, were given a tour of the Vancouver Japanese Language School and Japanese Hall by Mayor Gregor Robertson.

Aki Sakae, 42, originally from Yokohama, said joining the crowd of onlookers outside the school gave her a sense of nostalgia.

"(The Emperor and Empress) are a symbol of Japanese culture and … they remind me of my father and mother," she said.

Tamae Ono's daughter was singing for the royal couple inside the school.

"It's an honour to see them with my daughter because she was born here and doesn't know about Japan," Ono said.

"When we stay in Japan we usually see them only on TV, but in front of me it's very exciting."

"This is a great honour for our city and this language school," added Michael Hockertz, whose children attend the Japanese school. "It connects us to my wife's family. We talk a lot about Japanese culture, it's part of our lives, and it's that much special to have them here. It (enhances) our connection with Japan."

WITH FILES FROM WAKA SHIMIZU

"This is a great honour for our city."
Michael Hockertz

KRISTEN THOMPSON/METRO VANCOUVER

Japan's Empress Michiko waves to reporters outside the Vancouver Language School in the Downtown Eastside yesterday. The Empress and her husband, Emperor Akihito, are in Vancouver as part of a cross-Canada trip.

News in brief

BONES A man walking his dog along the Baden Powell Trail on the North Shore found what turned out to be an upper arm bone, RCMP said. Other human bones were found later by investigating officers.

PROTEST A protest was held this weekend against Vancouver's newly opened women-only pharmacy after it refused to serve members of the transgendered community.

ARSON Mounties are looking for an arsonist after five separate fires in Port Coquitlam this weekend. RCMP said the fires were started in garbage bins within two blocks of each other.

DEATHS Three people died in two separate car crashes on Highway 1 on Saturday. A 65-year-old motorcyclist died after being hit by a semi-truck, while two women were killed in a head-on collision.

BODY The body of a 19-year-old man who drowned in the Beach Lagoon at Harrison Hot Springs has been recovered, cknw.com reports. The man tried to swim across the lake with a friend on July 5, but only the friend made it across. METRO NEWS SERVICES

Good weather aids triathlon winner

KARL YU
for Metro Vancouver

SPANISH BANKS A New Yorker who trains out of Penticton won the Half Iron event of the Vancouver leg of the Subaru Triathlon Series at Spanish Banks yesterday.

Jordan Rapp was the fastest with a time of three hours, 53 minutes and 17 seconds, followed by Victoria's Stephen Kilshaw.

Magali Tisseyre, from St.-Sauveur, Que., finished first among the women.

Rapp said that good weather conditions led to peak performance.

"In the morning it was like swimming in a lake," he said.

"A little bit of wind picked up in the second lap but it was still really nice, and out on the bike course it was sunny with a little bit of a breeze, but not too bad. On the run, same thing, it kept you cool right off the ocean.

"It was sunny and warm and everything people look forward to in a Vancouver summer."

"It was sunny and warm and everything people look forward to in a Vancouver summer."
Jordan Rapp

3 shot over weekend after Squamish Nation powwow

CRIME Three people were shot in West Vancouver following a powwow, police said yesterday.

The shooting occurred late on Saturday night outside the annual Squamish Nation powwow on Homulchsen, the Capilano Reserve.

The three injured were "believed to be alert and conscious," according to West Vancouver Cpl. Fred Harding.

One has been treated and released, while the other two remain in hospital.

The Squamish Nation powwow that began on Friday is one of the largest in the province.

The incident occurred on the eve of an annual anti-violence and sex abuse rally.

Investigations are still ongoing and West Vancouver police are asking anyone with information about the shooting to contact them.

METRO VANCOUVER

metronews.ca
What's online today.

Video Analysts expect the release of grim economic data to take a toll on stock markets and plunge it into a bear market, at **metronews.ca/canada**

Lotteries

Friday, July 10
Lotto Super 7: 17, 25, 30, 31, 33, 44 & 46 Bonus 47
Extra: 36, 37, 80, 98
Saturday, July 11
Lotto 6/49: 9, 11, 18, 23, 29 & 40 Bonus 26
BC 49: 6, 7, 11, 12, 44 & 48 Bonus 30
Extra: 13, 15, 80, 91
These results are not official.

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Harper apologizes for remark mix-up.
Prime Minister Stephen Harper apologized Friday after he publicly attacked his rival Michael Ignatieff for a comment the Liberal leader never made. METRO NEWS SERVICES

Canada

Queen to visit in 2010

The Queen and her husband, the Duke of Edinburgh, have accepted an invitation to visit Canada next year, Prime Minister Stephen Harper announced yesterday, CBC News Online reports. The tour will be the Queen's 24th official visit to Canada. She and Prince Philip last visited Canada in 2005. Further details on the dates and locations for the 2010 visit will be provided at a later date, the Prime Minister's Office said in a statement. METRO NEWS SERVICES

Doctor warns of flu pregnancy risks

HEALTH Pregnant women who catch influenza A (H1N1), also known as swine flu, are at greater risk than the general public of developing complications, which could lead to miscarriages, the Public Health Agency of Canada says.

While pregnant women are not more likely to get H1N1, they are at greater risk for complications from the flu," chief public health officer Dr. David Butler-Jones said during a conference call.

Butler-Jones said problems could include early delivery and miscarriage.

Mothers-to-be should do the same things everyone else does to avoid getting sick — like coughing into their sleeves and disinfecting common surfaces — but they might want to pay a little extra attention to make sure they are doing it right.

"It's recommended that pregnant women be even more vigilant with hand washing and using hand sanitizer," Butler-Jones said.

"Pregnant women should think about avoiding crowds, but they can certainly continue normal activities like going to work, shopping at the mall or attending worship services."

Butler-Jones said seasonal flu also causes a lot of stress for a fetus but H1N1 is worrisome because it is causing severe illness in young people too.

"It is a new virus and it is one that young adults basically have no immunity to, and that is when we are having our babies," he said.

"Any pregnant woman would not have had any exposure to it before and could not have been immunized before."

It is also important for expectant mothers experiencing flu-like symptoms to visit the doctor.

The two antiviral drugs used to treat swine flu (Tamiflu and Relenza) are both safe for pregnant women to use.

TORSTAR NEWS SERVICE

One dangerous summer

Coalition troops deal with mental tolls as attacks reach record levels

Coalition troops in Afghanistan are being attacked by roadside bombs at record levels, leaving Canadians soldiers with a legacy of traumatic brain injuries that health experts are grappling to understand.

And the mental toll of having to patrol bomb-seeded roads is expected to show itself in the years ahead in a spike in the number of soldiers with post-traumatic stress disorder, military officials say.

"The view is, clearly, when you're involved with an IED (improvised explosive device), that you may have traumatic brain injuries," said Maj.-Gen. Walter Semianiw, chief of military personnel.

"If you've been exposed to a (traumatic brain injury) the prevalence of then having PTSD may be higher. The facts are very clear," he said in an interview.

"The biggest challenge is not here and today. It's in five years and 10 years ... Are they going to get the support they need?" Semianiw said.

Numbers

- The number of coalition soldiers killed by roadside bombs rose by 21 per cent to 92 — from 76 during the same period last year. The number of wounded was up by 46 per cent — 467 compared to 320.

As NATO forces launch offensives in southern Afghanistan, insurgents are fighting back with homemade bombs at levels never before seen in the eight-year-old conflict.

By the end of June, there had been 2,508 "incidents" involving improvised explosive devices this year, a 60 per cent increase over the same period last year, according to statistics from the Pentagon.

July is shaping up to be a record month, with at least 28 coalition troops killed so far by improvised explosives. On Saturday, a roadside bomb killed two U.S. Marines. A day earlier, on Friday, British officials announced that eight of their soldiers were killed in 24-hours. TORSTAR NEWS SERVICE

Halifax **Macca-mania**

RYAN TAPLIN/METRO CANADA

Paul McCartney acknowledges his throngs of fans gathered on the Halifax Common for Saturday night's concert in that city.

Critics want names of no-call violators

CRTC Opposition critics are demanding the CRTC identify telemarketers thumbing their noses at do-not-call list rules instead of protecting them from public scorn.

The Canadian Radio-television and Telecommunications Commission an arm's length agency refuses to name two telemarketers recently issued violation notices or even make public the amount of fines they face.

"We expected real vigilance on behalf of Canadian consumers, not shielding them (the telemarketers) under anonymity," NDP critic MP Pat Martin said.

"Half the deterrence of a penalty is the bad publicity you get as being outed as a scofflaw. This do-not-call list is useless if it does not expose the wrongdoers to public outcry."

Martin said few things unite Canadians more than their loathing of telemarketers.

"They (telemarketers) really are the bottom of the food chain in terms of commercial marketing ... We want them called up on the carpet and read the riot act about pestering us at dinnertime."
Pat Martin, MP

"They (telemarketers) really are the bottom of the food chain in terms of commercial marketing ... We want them called up on the carpet and read the riot act about pestering us at dinnertime," Martin said.

TORSTAR NEWS SERVICE

News in brief

CHARGED The Brazilian wife of former Canadian world boxing champion Arturo Gatti has been charged with his murder, police said yesterday. Italian-born Gatti, who was 37, was found dead on Saturday in the holiday flat the couple had rented in the northern Brazilian seaside resort of Porto de Galinhas. Amanda Rodrigues, 23, was being held in custody in Recife, police said. REUTERS

POLITICS Prime Minister Stephen Harper has scrapped his government's controversial promise to stop running annual budget deficits in five years. For the first time, Harper said yesterday that keeping the government's pledge to balance Ottawa's books by 2013-14 will depend on how quickly the economy recovers. "We will allow the deficit to persist if necessary," Harper said. TORSTAR NEWS SERVICE

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Comment

Are you a wordsmith?

HineSight

Anne Hines

metronews.ca/hinesight

With many people rethinking their employment options, it's possible some might be considering whether taking up writing may be the way to go.

Working as a freelance writer has many benefits. You always get what you want in the Secret Santa draw and you'll never be troubled by pesky issues such as how to invest your retirement income.

For those wondering if being a writer is right for you, I offer: Are You A Writer?

1. You've just submitted your completed manuscript. Your publisher calls.

Publisher: We love it, it's fabulous, it'll sell millions. (Truthfully, I have never heard a publisher say that, but I dare to dream. What they really say is ... It seems OK. You just need to make it longer.)

You: Longer?

P: Much longer.

You: Would you like me to get taller as well?

P: Can you do that?

You: It's a book. You write until the story is finished and then … it's finished.

P: I'm a publisher. I know that. We just need you to finish about 6,000 words later.

Do you:

a) Throw a hissy fit, complain the world does not appreciate your artistic vision and you bet no one treats John Grisham like this.

b) Report your publisher to the human rights commission, which will use it as the "Entertaining Call of the Week" in its newsletter.

c) Sit down, write 6,000 more words and feel lucky.

SunnySide

2. You're invited to read at an event alongside a famous, bestselling author. At the book-signing tables, her lineup snakes out the auditorium, through the parking lot, into a neighbouring township.

Do you:

a) Sit and contemplate with delight the success of your fellow author.

b) Tell your mother she'd better get over to your table right now or you're sending her your therapy bills.

c) Join the crowd and hock the signed copy on eBay.

3. You've written a book that will save humankind. Publishers keep turning it down on the basis of it being 2,356 pages long and almost entirely incomprehensible.

Would you:

a) Self publish. The world needs to know.

b) Call the human rights commission and make its newsletter again.

c) Trim it to 360 words, add a religious scandal and a sex scene and prepare to field publishing offers.

If you answered mostly c's, you'll make millions. Mostly a's and b's, congratulations, you're a writer.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

MICHAEL DE ADDER

Views

Bus etiquette violators should be bounced

InTransit

Derek Moscato

dmoscato@yahoo.com

To echo the insightful words of rocker Alice Cooper, school's out for summer.

And that means more small children — not to mention toddlers and babies — being carted around the city en route to daycamps, daycare, beach outings and more.

Many will take the bus or SkyTrain with their parents or caregivers to get around. But is Vancouver's transit culture ready for them?

Metro reader Cheryl Murray contacted me recently to declare that no, it is not. The Vancouver resident was travelling home from the Horseshoe Bay ferry terminal this past Victoria Day holiday when she discovered the sorry state of transit etiquette in the Lower Mainland.

While en route, she noticed that able-bodied individuals were occupying all of the courtesy seats on the packed bus she was riding.

Not long after, a couple boarded the vehicle with baby in stroller.

And surprise, surprise, not one of the courtesy seat occupiers offered their allotment of blue vinyl bench to the mother and child — which left Murray furious.

"I was appalled no one was getting up to give up their seats and shocked when the driver … reprimanded the woman with the stroller for blocking the aisle," she says.

Not long after, according to Murray, a toddler boarded the bus with his parent, as well as an elderly woman. And once again, says Murray, the me-first courtesy seat squatters were not about to get up for the very old or the very young.

All of this has Murray asking some more-than-fair questions about how small kids and stroller-pushing moms are going to get a fair shake on transit, given increasingly crowded conditions.

According to Coast Mountain Bus Company spokesperson Derek Zabel, children in strollers are a seating priority on buses after wheelchair users, seniors and the disabled. He also suggests that able-bodied riders offer their seats to small kids who are forced to stand.

But bus riders like Murray are worried that the word is not getting out.

"With the economy as it is, and with the pressure to be green increasing, and also with the Olympics coming, we will have more people travelling on the buses and many who are unaware of our social rules," she said.

"If the driver is unable, or unwilling to enforce the rules, then perhaps there should be someone on board who can."

In other words, bring on the bus etiquette bouncers.

Derek Moscato is a writer with a focus on urban issues, transportation, architecture and economics; dmoscato@yahoo.com.

Letters

Improvements can't come at the cost of city car revenue

Re: Every which way but loose on Burrard Bridge. (July 10.)

In all my years as a cyclist, pedestrian and car owner, I cannot believe how such a small minority has obtained such control over city hall. The concept of more cyclists and safer interaction between cars and pedestrians is great, but commerce, which is dependent upon the road system, helps to pay for all capital improvements in the city. Motorists pay well for their usage of the roads throughout Vancouver. Expecting drivers to travel to the supposedly under-used Granville and Cambie bridges is absurd, since more gas will be burned and more pollution produced due to the extra distance travelled.

The whole benefit of more cyclists is defeated by the side-effects caused by the lane closure.

I am a cyclist, and support improvements, but they must come second to the important needs of commerce transportation that greatly assists in paying the city's bills.

KEITH TEMPLE, VANCOUVER

Directional walking/biking lanes makes more sense

Re: Every which way but loose on Burrard Bridge. (July 10.)

I've commuted from Kits over the Burrard Bridge to work downtown for six years.

Depending on the day, I run, walk, bike, bus or drive. In six years, I've never seen a "biking jam" or a "walking jam" or a "running jam" but there's always a traffic jam.

In those six years, I've also never seen anyone ride their bike off the sidewalk into traffic and get killed. I've also never seen anyone walk off the sidewalk to their death.

Did they not consider just making the sidewalks flow the same way traffic flows? That would give a dedicated walking lane and a dedicated biking lane in each direction. If the reason they are doing this is environmental, then they can start with improving the bus service over the bridge during rush hour. I can honestly say that if the bus service wasn't so entirely pathetic, I'd never have to drive over the bridge.

CONNIE BROWN, VANCOUVER

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Shuttle launch postponed again

Heavy clouds near the Kennedy Space Center forced NASA to call off yesterday's launch of the space shuttle Endeavour on a mission to deliver a Japanese-built porch to the International Space Station. The launch was rescheduled for today. It was the fourth delay of Endeavour's flight. REUTERS

World/Business

SHAMIL ZHUMATOV/REUTERS

An Afghan National Army soldier looks from behind his machine gun during a joint patrol with U.S. and French troops in the village of Hajian yesterday.

Afghan escalation

Taliban responding to U.S. surge with violence

A roadside bomb killed two U.S. Marines in southern Afghanistan, the U.S. military said yesterday, the latest deaths in an escalation of violence that has put pressure on coalition leaders over their war strategy.

Thousands of U.S. Marines and hundreds of British soldiers have been fighting major new offensives in the past 10 days in Helmand province, a Taliban stronghold and Afghanistan's biggest producer of the opium that funds the insurgency.

The assault by U.S. Marines, Operation Strike of the Sword, is the first major operation under U.S. President Barack Obama's new regional strategy to defeat the Taliban and stabilize Afghanistan, which holds a presidential election on Aug. 20.

Violence has flared again through Afghanistan since the operation began on July 2, with attacks in Taliban strongholds in the south and east as well as in relatively more peaceful areas in the north and west.

The Taliban backlash has put pressure on leaders in Washington and London, who say U.S. and other NATO-led troops have pushed back Taliban insurgents but that a lot of tough fighting remains to be done during the summer.

A third soldier serving with NATO-led forces in the south died on Friday from wounds received in June, the alliance said in a statement yesterday.

Washington is pouring in extra troops under Obama's new strategy, with numbers set to more than double to 68,000 by the end of the year.

British troops mounting their biggest operation of the Afghanistan campaign have also suffered under the Taliban backlash, with 15 confirmed killed in a 10-day period, including five in two roadside bomb blasts Friday. Taliban casualty figures were not immediately available. REUTERS

Sotomayor hearing opens debate

U.S. Sonia Sotomayor looks almost certain to emerge from Senate hearings this week poised to become the first Hispanic member of the U.S. Supreme Court.

But political debate over President Barack Obama's plans for the top U.S. court has only begun. Republicans are ready to resist what they fear could be a sharp leftward turn for the court under Obama's Democratic administration, reversing a steady tack to the right under former Republican president George W. Bush. Obama, a former constitutional law professor, chose the 55-year-old Sotomayor to replace the now-retired Justice David Souter, who had been one of four liberals on the deeply divided nine-member court. Members are appointed for life. REUTERS

Sotomayor

News in brief

COUP Honduran interim leader Roberto Micheletti said yesterday ousted president Manuel Zelaya would not be allowed to return to power under any conditions but could be granted an amnesty if he comes home quietly to face justice. "If he comes peacefully first to appear before the authorities ... I don't have any problem (with amnesty)," Micheletti told Reuters.

CHENEY The CIA withheld information from the U.S. Congress about a secret counter-terrorism program on orders from former vice-president Dick Cheney, a U.S. senator said yesterday amid calls for an investigation. Democratic Senator Dianne Feinstein told Fox News yesterday that CIA director Leon Panetta disclosed Cheney's involvement two weeks ago. REUTERS

Four killed in church attacks

IRAQ Bombs exploded outside five Christian churches in Baghdad yesterday, in apparently co-ordinated attacks that killed four people and wounded more than 30, Iraqi police said. In the most serious attack, a car bomb exploded near a church in eastern Baghdad, killing four people and wounding 21. REUTERS

Business

China pursuing resource investment opportunities

MINING China's purchase of a $1.74-billion stake in Teck Resources may be just the opening move from the world's top resource consumer to use its unique wealth to become a key source of mining capital for Canadian firms.

Teck said last week it sold a 17.2 per cent equity stake to state-owned China Investment Corp. in a deal that lets the Canadian miner pay down its debt while expanding China's portfolio of commodity investments.

Commodities

- Teck is a major producer of copper, metallurgical coal, zinc and gold, all commodities sought by China.

The deal underscores how deep China's pockets are at a time when many sources of credit and financing have dried up in the global recession, even for the biggest miners.

"Most people thought China would take advantage of this dip in commodity prices and, because they're the only ones with money, take advantage of this financial situation we are in. They have come through big time, be it oil and gas, or any commodity you can think of," said David Davidson, an analyst with Paradigm Capital in Toronto. REUTERS

China Fashion fur-ward

CHINA DAILY / REUTERS

A woman walks with a bichon frise and a poodle, both coloured with various dyes, on a street in Wuhan, Hubei province Saturday. Pets have become big business amid China's current pet boom, with dog owners flocking to pet beauticians.

Digital generation not lazy, just different, author argues

Grown Up Digital
Author: Don Tapscott
Publisher: McGraw-Hill
Price: $30.95 (Hardcover)

REVIEW The modern institutions of days gone by are fast becoming lacklustre, archaic systems of bureaucracy that are ultimately failing the largest generation, the Net generation.

Prolific author Don Tapscott's newest book, Grown Up Digital, a follow-up to his first book on the topic, Growing Up Digital, sizes up the first generation to grow up completely in the digital age. They grab new gadgets and immediately begin using them, whereas their parents will spend hours combing a manual and still be baffled. To cynics, this generation appears unfocused, antisocial, and A.D.D. Tapscott wholly disagrees — a refreshing perspective that gives me a bit more peace of mind, knowing how much time I already spend Facebooking and Twittering. CRAIG LUND/ FOR METRO CANADA

Jobless rate hits 11-year high in June: StatsCan

STUDY Hiring across many sectors such as financial services, insurance, real estate, information and recreation in June helped offset job losses in manufacturing, the most recent jobs report from Statistics Canada shows.

As a result, Canada's unemployment rate edged up 0.2 per cent to 8.6 per cent last month, to its highest level in 11 years.

Economists had been bracing for much worse. A surprisingly low 7,400 jobs were lost in June, compared with 42,000 in May. In total, 454,000 jobs have been lost since October. It may also be a sign that the worst of the recession has passed, economists say. TORSTAR NEWS SERVICE

Business In brief

L'AQUILA World leaders signalled the demise of the Group of Eight on Friday, saying only a forum that included the major developing economies could decide on global issues. Problems such as climate change and the economic crisis have revealed the limits of the G8, comprising the United States, Japan, Germany, Italy, France, Britain, Russia and Canada. During its annual summit in Italy this week, it met the leaders of China, India, Brazil, Mexico, South Africa and Egypt, forming the so-called G14. REUTERS

Chuck those toxic baby wipes
If you are a parent of a young child, chuck your baby wipes. They've been bleached in chlorine — a real no-no, since chlorine produces very toxic dioxins, according to Gillian Deacon's Green For Life. TORSTAR NEWS SERVICE

Going Green

Sprucing up your house?

Look for paints and floor finishes that are low in volatile organic compounds. They work just about as well as the more toxic varieties, according to Green Remodeling. Water-based polyurethane for floors isn't as tough as the oil-based version. But, on the other hand, it won't yellow over time. TORSTAR NEWS SERVICE

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

The non-stick cookware debate

EarthTones

This week we shift gears and go from considering the large global environment in which we live to the small local environment in which we also live. This small environment can be as small as your own kitchen. Just as we need to worry about what heavy industry is putting into the air we breathe, so too do we need to worry about what we ourselves are putting into our air and our bodies.

Recently there has been much debate about the safety of using "non-stick" cookware. Now I have to admit, I love my non-stick pots. Whenever I try to cook in anything else I end up having to chip the food off the bottom of the pan with a chisel. This is less than appetizing. However am I trading safety for unpetrified food?

Non-stick coating is made from fluoropolymers. These compounds can break down into perfluorooctanoic acid (PFOA), a suspected human carcinogen. PFOA is found at low levels in the blood of most North Americans. Are we getting it from our cookware though? As I check this out on the web some sites tell me that my pots are definitely toxic. Then I notice that many of them want to sell me new pots. Other sites tell me that my non-stick pots are perfectly safe. Then I notice that some of them make the non-stick pots or the coating. Who to believe?

Most of the impartial information I find, including the U.S. Food and Drug Administration and a leading scientific journal indicate that very little if any PFOA in our blood comes from non-stick cookware. The coating decomposes into PFOA at temperatures about 350°C (660°F). Temperatures for normal usage — frying meat 240°C (470°F), baking 230°C (450°F) — are well below these levels. In fact anything you have in the pot — butter, oil etc will start to smoke at 204°C (400°F) and in my experience this will set off your smoke detector. Any coating that flakes off your pan and gets eaten will pass right through you and will not harm you at all.

If you do heat a non stick pot above 350°C (660°F) and you breathe in the fumes you can get what is called polymer fume fever which gives you flu-like symptoms. It is reversed on breathing fresh air in humans but can be fatal to birds. So don't keep your canary in the kitchen if you are prone to burning pots. The bottom line with pots is to weigh the health concerns about non-stick coatings against the health concerns of putting more fat in the pan so your food doesn't stick to a regular pan. I think for most people the fat is a greater health risk. OK so that's where PFOA isn't. Here's where it is. Microwave popcorn bags. Most of these bags have non-stick coatings and when you heat your popcorn they decompose, leach into the oil and stick to your popcorn. If you eat just 10 bags of microwave popcorn a year, 20 per cent of the PFOA in your blood could be from popcorn.

Finally we need to take things back to the larger environment and consider where the non-popcorn PFOA in our blood comes from. A possible source is pollution from the industries that put the coating on the pan and in the popcorn bags. So use your non-stick pots but don't buy more than you need because the more we consume the more they create.

Sophia Dore is an environmental scientist with Conestoga-Rovers & Associates. Andrew Laursen is an assistant professor at Ryerson University; earthtones.metro@gmail.com.

Give Burrard bridge civic experiment a fair trial

Eco-Minded

The Burrard bridge is changing today, affecting everyone who uses it: pedestrians, cyclists, transit-users and motorists. One southbound lane and the east sidewalk on the opposite side will be dedicated to cyclists, while pedestrians will have exclusive use of the west sidewalk.

Will benefits experienced by non-motorized commuters outweigh the loss of a lane for motorists and bus riders? There is much heated debate about this, but we cannot know whether the new lane configuration is a success or a failure until it is tested. Furthermore, the final decision should hinge also on safety, fairness, and our collective vision for the city.

The changes have been proposed because the current arrangement is unsafe. A University of B.C. study counted eight serious bicycle crashes on the Burrard bridge in a five-month period last year, far more than occurred on either the Granville or Cambie bridges. At least three of those cyclists were almost killed when sideways-moving pedestrians knocked them into traffic. This would not have happened were there adequate room for each mode of travel.

Vancouver aspires to have state-of the art infrastructure and governance, and prides itself on its "walkability" and "bikeability."

"Vancouver ... prides itself on its 'walkability' and 'bikeability.'"

Relatively low-cost improvements to the infrastructure for non-motorized road users could make a great difference to safety and convenience for all commuters.

It's the summer, so lots of people are walking, rollerblading and out on their bikes.

No matter how you commute, everyone who uses the bridge is part of this civic experiment. Let's use it and give it a fair trial.

Have your say

- On average, half of the people who cross Burrard bridge are alone in their cars, one in five is travelling with others in cars (i.e. carpooling), one in five is in a bus, and one in 10 (1,000 people per hour) is walking or cycling.
- The trial that was originally proposed would have seen two full lanes converted to cyclist traffic while the sidewalks would have been exclusively for pedestrians.
- If you have an opinion about the trial or the two-lane option as a potentially better and safer alternative, write to city council at vancouver.ca/ctyclerk/mayorcouncil

Kai Chan is an assistant professor and Canada Research Chair at the Institute for Resources, Environment, and Sustainability (IRES) at UBC; vancouverletters@metronews.ca.

JEFF HODSON/METRO VANCOUVER

A cyclist crosses the Burrard Street Bridge before one of its six traffic lanes was converted into a bike lane.

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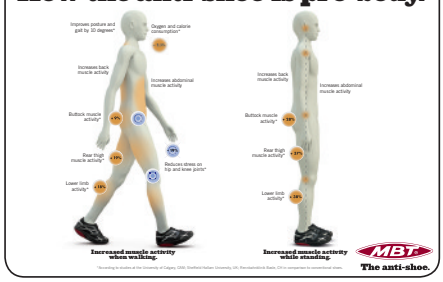

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Gallant captures second leg of Canadian Triple Crown

Gallant beat filly Milwaukee Appeal in a photo finish to capture the 74th running of the Prince of Wales Stakes thoroughbred race yesterday in Fort Erie, Ont. Queen's Plate champion Eye of The Leopard finished third. The Breeders' Stakes will be run Aug. 2 at Woodbine Racetrack in Toronto. METRO NEWS SERVICES

Sports

Webber wins first GP

Red Bull's Mark Webber, left, won his first Formula One race after overcoming a penalty to take the German Grand Prix yesterday. The Australian beat teammate Sebastian Vettel despite a drive-through penalty for bumping Brawn GP's Rubens Barrichello at the start. Felipe Massa gave Ferrari its first podium finish of the season by finishing third ahead of Nico Rosberg of Williams. METRO NEWS SERVICES

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Lions fall to Ticats

CFL RESULT

B.C. 28 Hamilton 31

THE SKINNY: It was another entertaining CFL game that came down to the wire. Hamilton QB Quinton Porter led the charge throwing for 222 yards and one touchdown as the Ticats snuck out of B.C. Place with their first victory here in five years. It was bad news all around for the Lions as they also lost kicker Paul McCallum to knee and wrist injuries in the third quarter.

THE DIFFERENCE: Lions QB Buck Pierce threw two very costly interceptions. The first in the third quarter to Geoff Tisdale, who in turn ran for a 43-yard touchdown that turned the momentum into Hamilton's favour. The second was in the final minute diminishing any chance of a Lions comeback.

THE RATING: Average. The Lions played a decent game, but made crucial mistakes that led to another heartbreaking loss.

THE NEXT GAME: The Lions travel to Edmonton to face the Eskimos on Thursday.

DANIEL HENDRIKSEN /FOR METRO VANCOUVER

Simon Fraser first Canadian school to gain NCAA status

KARL YU
for Metro Vancouver

In a historic first, Simon Fraser University has been given membership into the National Collegiate Athletic Association's Division II.

The British Columbia university on Friday became the first non-American post-secondary institution to gain such acceptance.

American competition is nothing new for SFU — its teams not only compete in Canadian Interuniversity Sport but also the National Association of Intercollegiate Athletics, which is comprised of U.S. schools.

SFU will go through a two-year transition, where all of its teams will maintain their present course in the NAIA and CIS.

The teams could then begin play in the Great Northwest Athletic Conference in 2011-12, where it would face schools such as Central Washington University and Seattle Pacific University.

SFU will have to make some minor adjustments when the change takes place as NCAA student athletes are allowed to play for four years while CIS students can do so for five.

New rule

- NCAA student athletes are able to join teams for five years only if they "red shirt." An athlete who red shirts takes a year off from competition but he or she still attends classes and practices with the team without seeing any game time.

Indy Toronto Franchitti wins

SAUL PORTO/TOP NEWS

Scotland's Dario Franchitti, centre, celebrates after winning the Honda Indy Toronto yesterday. The win moved Franchitti past Scott Dixon for first place in the overall season standings.

BOGDAN CRISTEL/REUTERS

The peloton rides during the ninth stage of the 96th Tour de France cycling race between Saint Gaudens and Tarbes yesterday.

Armstrong looking forward to the Alps

'We'll see who's truly the strongest,' U.S. cyclist says

Seven-times champion Lance Armstrong is looking forward to the Alpine stages after losing 21 seconds to Astana teammate Alberto Contador in the first mountain finish of the Tour de France.

"We'll have more moments there when we'll see who's truly the strongest," Armstrong told reporters yesterday.

The 37-year-old was surprised by Contador's brutal attack in the ascent to Arcalis on Friday which put the Spaniard two seconds ahead of him in the overall standing as the race leaves the Pyrenees.

"I wouldn't say that I could have easily followed because it was an impressive attack," said the American, on his comeback Tour after almost four years in retirement.

"I probably could have gone, but I didn't see it coming, and it wouldn't be correct for me to go across.

"So I waited for the other guys — I expected them to be able to pull it back, and they didn't, but that's life, that's cycling, and I had to do the right thing."

Italian Rinaldo Nocentini wears the yellow jersey after nine stages of the three-week race. Contador is six seconds behind him with Armstrong third.

The rivalry between Armstrong and 2007 Tour winner Contador is likely to culminate next Sunday with a summit finish in Verbier, Switzerland.

Contador, a natural climber, has shown with victories in the Giro, Tour and Vuelta, that he has almost no rivals in the mountains.

But Armstrong, Tour champion from 1999 to 2005, has a plan.

"I think that's where the race is going to be decided. The combination of those days from Colmar all the way to the top of Ventoux is a very difficult six days," the Texan said.

REUTERS

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In the coming weeks Metro's Workology section will be focusing on the part of the entertainment industry that you DON'T see. Backstage Pass will focus on the careers behind the camera and the curtain. So be sure to read Workology and Metronews.ca/work every day.

Workology

Measuring creativity

A new admissions index introduced recently by the U.S.-based Educational Testing Service is slated to assist graduate schools in determining whether an applicant possesses personal attributes such as creativity and resilience. The Personal Potential Index is an online-based system that allows applicants to identify supervisors or professors, who are then invited to evaluate students on six personality dimensions, including communication skills, teamwork, planning, and ethics. METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Voice for the next generation

Backstage Pass

BRIAN COULTON
for Metro Canada

It prides itself on "breaking new sound," it's Canada's only station dedicated to independent Canadian music and it can be heard on two different formats — online and satellite. But Steve Pratt says CBC Radio 3 isn't really a radio station at all.

SUBMITTED PHOTO

Steve Pratt is the director of digital programming for CBC Radio.

"I know that sounds odd," says Pratt, the station's Vancouver-based director and director of digital programming for all of CBC Radio. "It's more like we try to be experts and help people discover new Canadian music. It doesn't really matter whether it's radio, video, blogging or social networking."

Instead, Pratt calls Radio 3 an "ecosystem" because its makeup is like a living, breathing, user-generated community — considering its huge user-generated content.

"A lot of the tools on the website are designed to help people discover and get to know artists and then be able to share stuff they like with their own social networks," says Pratt. That's reflected in the station's frequent use of blogs (each show features a unique blog-a-day by its host, inviting listeners to join the conversation), Twitter and personalized artist pages, which enable audiences to participate with, rather than simply consume, the station's outputs.

And if Radio 3 is an ecosystem, Pratt is its overseeing organism. He's responsible for strategizing how best to synergize the station's distribution platforms, determining where to publish content (and what content should be published) and figuring out how Radio 3 can best raise awareness of new Canadian music.

While Pratt says he's not a poster child for a long radio career leading up to a certain point, he thinks the variety of genres and mediums he's bounced around between — including stints in entertainment journalism, local news, children's and comedy programming and at MuchMusic — has been more valuable than a lengthy radio tenure.

"The important thing is understanding how to reach audiences and tell stories that are specific to the medium that you're using."

But as mediums are changing so significantly in this digital age, what's most important to Pratt is also what he finds most challenging.

"We feel like we're up to our elbows in helping to figure out what the media experience is going to be for the next generation, which is cool."

For more of the Backstage Pass exclusive series check Workology frequently or stop by: **metronews.ca/work**

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TESOL programs Thursday, July 30, noon or 4 p.m. – room 205A	Downtown

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A different reaction to blood, body parts

OddJobs

Cleaning up crime scenes can be a messy business.

As a new firefighter back in 1998, Brian Woronuik of Delta, B.C., had a very different reaction to scenes of blood, guts and gore than most people.

Instead of getting freaked out, he wondered who would clean up.

"I got me thinking, I wonder if there are any companies out there who would look after these families' needs in times of disaster?" thought Woronuik, who's now 38.

For two years he researched the business before getting a loan to launch Trauma Scene Clean Up. He got certified by the American Bio-Recovery Association, and called on his stepfather and several firefighter colleagues to work with him.

The company's first call was for an older man who'd been found dead in his home after more than a week. A funeral home had taken the body away, but the signs and smells of decomposition needed serious clean up.

The man's family stood aside while Woronuik and his crew did their thing. "They were so thankful of our services, we knew we were onto something."

For a typical call, the company tries to respond within a few hours. Depending on the scene, two technicians or more will show up and at least one will gear up in a disposable protective suit and put on gloves and a respirator.

Anything with blood on it gets placed in a biohazard tub — they're brought back to the office and disposed of safely later. Then the crew pulls out hospital grade cleaners and sets to disinfecting the site. "We make it as close to pre incident as possible," says Woronuik.

It's exhausting work, and the suits can get pretty hot.

Calls can take a few hours, or a few days. A murder or suicide can cause blood and bones to be thrown some distance, so technicians have to move furniture. If a body sits for a long time, blood can pool and drip through walls and floors, and things may even have to be torn up.

Since Woronuik is almost always on call — between the business and his firefighting shifts — he's having trouble finishing building a fence on his property. And he's missed two weddings. Luckily, his common-law partner is a police officer and she works crazy hours too.

Most of Woronuik's six employees balance clean up work with firefighting too. They're all used to seeing blood and body parts.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

The Lowdown

Job title: Crime and trauma scene cleaner;
Salary: Charges $250 an hour and up;
Education/training: At least a class in blood-borne; pathogens, but preferably certification from the American Bio-Recovery Association
Best Part of the Job: "At the end, knowing you've helped somebody out and prevented them from being retraumatized by having to do it themselves."
Worst Part of the Job: "The physical aspect of the clean up. And, if you know a bit of the situation, the grief that you feel for the family."

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Clarification

Last week an article headlined "One company's huge impact" incorrectly stated that Deloitte would be giving their entire staff a day off to volunteer for their so-called Impact Day as they had in years prior. Deloitte will not be giving a day off and instead will be encouraging employees to volunteer their own time, while off work on Sept. 26, to volunteer. Metro regrets the error.

Burn the uniforms: Potter stars
Harry Potter stars Daniel Radcliffe and Emma Watson have urged the film franchise's bosses to burn their Hogwarts school uniforms when the series wraps — because they hated the outfits. FEMALEFIRST.CO.UK

Entertainment

Super Ryan

It looks like Ryan Reynolds has beat out Bradley Cooper and Justin Timberlake to play the lead role in the big-screen adaptation of Green Lantern, says Variety. EMPIREONLINE.COM

EDITOR: DEAN.LISK@METRONEWS.CA

Romantic spell

Plenty of heartache in new Potter film

HEIDI PATALANO
Metro World News

Watch out Edward Cullen, Harry Potter is growing up.

While doing press for the release of Harry Potter and the Half-Blood Prince, Daniel Radcliffe and teen co-stars Rupert Grint and Emma Watson don't bother to dodge the myriad of questions lobbed at them about their dating lives — even the ones about magic spells and love potions.

Watson says Radcliffe doesn't need them to snag a lady, just in case you were wondering.

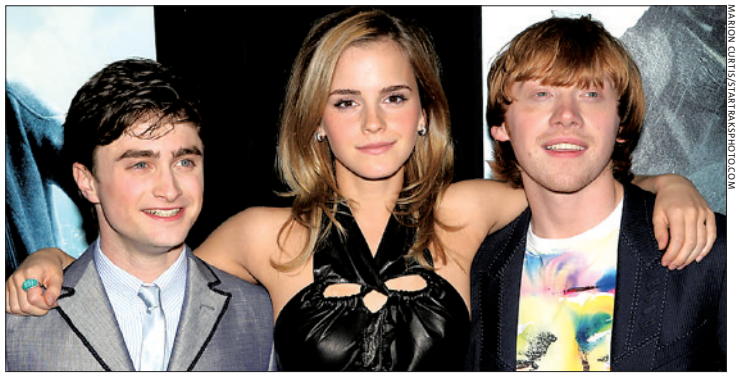
Given that this sixth instalment of the Potter series spends a considerable amount of time on the burgeoning romantic relationships between the lead characters, the young actors, now all around 19 years old, found the romantic-comedy moments refreshing.

"If Hermione kept going in terms of the amount of worrying she was doing, she might've developed a hemorrhage, so it's nice that there's a bit of light relief for all of us," says Watson of her own character, who finds herself for the first time in the series, at the mercy of her own hormones.

Harry Potter and the Half-Blood Prince opens in theatres Wednesday

"This is Rupert's finest hour. He reveals himself to be a fantastic practitioner of comedy," adds Radcliffe about Grint, who in the film as Ron Weasley finds himself in his first relationship and trying out for the Quidditch team, with mixed results in both departments.

It becomes obvious throughout the interview that Radcliffe himself has a gift for inciting laughter — especially with his candid explanation of his own on-screen kiss.



MARION CURTIS/STARTRAKSPHOTO.COM

From left, Daniel Radcliffe, Emma Watson and Rupert Grint do a lot of growing up as Harry Potter, Hermione Granger and Ron Weasley in Harry Potter and the Half-Blood Prince.

"My God, my lips are like the lips of a horse," he says emphatically. "They were kind of distending away independently from the rest of my face and trying to encompass the lower half of hers, so I apologize."

If Half-Blood Prince shows the young actors to be growing up, it only seems appropriate that David Yates, who picked up the role of director with the fifth instalment Harry Potter and the Order of the Phoenix, would continue with the series until its resolution with Deathly Hallows — set to be released in two parts in 2010 and 2011 respectively.

"I'm trying to grow the films up and try to make them feel a little more mature, a little bit more complex — and guiding these young actors to a mature phase of the films," says Yates.

"Outside of the film set, these actors are getting insights and bruises. It's encouraging them to bring more of that to what they do on the screen."

Box office

Following are the top 10 films at the North American box office for the three-day weekend beginning July 10:

1. **Brüno** $30.4 million US
2. **Ice Age: Dawn of the Dinosaurs** $28.5 million
3. **Transformers: Revenge of the Fallen** $24.2 million
4. **Public Enemies** $14.1 million
5. **The Poposal** $10.5 million
6. **The Hangover** $9.9 million
7. **I Love You, Beth Cooper** $5 million
8. **Up** $4.7 million
9. **My Sister's Keeper** $4.2 million
9. **The Taking of Pelham 123** $1.6 million

REUTERS

Kenya's Style
Kenya Hunt
Read the blog at metronews.ca/kenyasstyle

For complete online movie listings, trailers, reviews and tickets, visit: metronews.ca/movies

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 7/13/09	251	308	3 CBC	Coronation St.	Jeopardy! (N)	Triple Sensation (N)		Just for Laughs (CC)		CBC News: The National (N)		(:05) The Hour
	255	358	6 JOY	E! News (N)	The Insider	How I Met	Engagement	The Soup (N)	Wildest TV	Final 24 (CC)		News (N)
	254	-	8 M	Two/Half Men	Two/Half Men	Omni News: Mandarin Edition		News: Cantonese Edition		Omni News: Punjabi Edition		Metropia
	250	321	9 CTV	etalk (CC)	Hollywood	Law & Order (CC)		Law & Order: Criminal Intent		CSI: Miami (CC)		News (N)
	-	-	10 OMNI	The Daily	Frasier (CC)	The Practice (CC)		One Tree Hill (CC)		Scrubs (CC)	Randall Mark	New Day
	252	336	11 GTV	Entertainment	ET Canada	House "The Greater Good"		Lie to Me "Depraved Heart"		The Unit "Gone Missing"		News (N)
	256	389	12 VI	The Road to Avonlea		Gossip Girl (CC)		Two/Half Men	Big Bang Th	Stargate Atlantis		News (N)
	253	359	13 CITY	Law & Order: SVU		The Bachelorette The final three men join Jillian in Hawaii. (N)				Here Come the Newlyweds		The CityNews
	-	-	14 CW	Deal-No Deal	Deal-No Deal	One Tree Hill (CC)		Gossip Girl (CC)		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	How I Met	Engagement	Two/Half Men	Big Bang Th	CSI: Miami (CC)		News (N)
	287	379	16 NBC	Evening Mag.	Inside Edition	Great American Road Trip (N)		Law & Order: Criminal Intent		Dateline NBC (CC)		News (N)
	602	568	19 W	Style by Jury	Friends (CC)	How Clean	Kim	Love It or List It		A Very Merry Daughter of the Bride (2008)		
	288	380	21 ABC	Wheel-Fortune	Jeopardy! (N)	The Bachelorette The final three men join Jillian in Hawaii. (N)				Here Come the Newlyweds		KOMO 4 News
	-	-	23 KVOS	M*A*S*H	Seinfeld	Getting Played (2005) Carmen Electra, Stacey Dash.				King	Still Standing	Scrubs (CC)
	291	383	27 PBS	Steves Europe	Antiques	Antiques Roadshow (CC)		History Detectives (N) (CC)		Out From the Shadows		Breath
	290	382	23 FOX	Two/Half Men	Two/Half Men	House "The Greater Good"		Lie to Me "Depraved Heart"		News (N) (CC)		Family Guy
	-	364	26 PBS	American Future: A History		Keeping Up	Being Served	Tavis Smiley	Charlie Rose (N) (CC)		Antiques Roadshow (CC)	
	296	654	34 SBK	Frasier (CC)	Frasier (CC)	Punk'd (CC)	South Park	Cheers (CC)	Half & Half	Paid Program	Family Court	Paid Program
	298	653	35 TLA	Two/Half Men	Two/Half Men	One Tree Hill (CC)		Gossip Girl (CC)		KTLA Prime News (N) (CC)		Friends (CC)
	295	651	33 WGN	WGN News at Nine (N) (CC)		Family Guy	Two/Half Men	According-Jim	Sex and-City	Friends (CC)	Friends (CC)	My Wife-Kids
	297	652	37 WPX	PIX News at Ten Tong. (N)		Two/Half Men	Friends (CC)	Sex and-City	According-Jim	Frasier (CC)	Frasier (CC)	Odd Couple
	199	311	46 STR	News (N)	News		Late Show-Letterman		Late Late Show		Will & Grace	Seinfeld
news	502	390	43 NW	Ten Trillion & Counting (CC)		CBC News: The National (N)		CBC News: The National		Ten Trillion & Counting (CC)		National
	500	500	48 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	42 RSP	MLB Baseball 2009 State Farm Home Run Derby. From Busch Stadium in St. Louis. (Live)						Sportsnet Connected (Live)		Sportsnet
	400	400	60 TSN	SportsCentre (Live) (CC)			Boxing					SportsCentre
	411	457	59 OLN	(5:00) Cycling	Bounty Hunter	Cycling (CC)					Bounty Hunter	Departures
	410	403	64 SCR	WWE Monday Night Raw		(:15) Score Tonight		WWE Monday Night Raw (CC)				Cabby Unlimit
	417	406	65 SC	Barrett-Jackson		Car Crazy (N)	Pass Time	This Week in NASCAR		SuperCars	SuperCars	Auctions
	416	409	144 GLF	Fútbol		Gol TV News	Ole: La Liga		Gol TV News	Paid Program	Gol TV News	Gol TV News
family	552	543	25 YTV	Prank Patrol	Prank Patrol	Malcolm-Mid.	Futurama	League-Evil	Zixx Level	Falcon Beach "Local Heroes"		Mystery Hnt.
	555	545	50 TEL	Jimmy Two	Total Drama	6TEEN	6TEEN	Futurama	Punch (CC)	Chicken	American Dad	Moral Orel
	557	541	51 FAM	Wizards-Place	Han. Montana	The Suite Life	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
	553	546	55 TRE	Comfy Couch	Big & Small	Max & Ruby	Babar (CC)	Backyard	Ni Hao	Go, Diego, Go!	Franklin	Comfy Couch
cable variety	268	354	5 KNO	Moon Machines "Saturn V"		Circumpolar Bears (CC)		Celia Franca		On Screen (CC)		Haida Art
	575	583	20 CMT	Hope & Faith	Hope & Faith	CMT's Greatest		Cheer Moms	Cheer Moms	Cheer Moms	Cheer Moms	Cheer Moms
	570	580	24 MM	MuchNews	Video on Trial	One Tree Hill (CC)		Shot at Love-Tila Tequila		MuchNews	Video on Trial	Spotlight
	600	564	29 H&G	House	House	Holmes on Homes (CC)		Marriage	Income Prop.	My First Place	For Rent	House
	615	520	31 A&E	Obsessed "Christa; Ryan" (N)		The Cleaner (CC)		Intervention "Trent" (CC)		Intervention "Bret" Relapse.		Obsessed
	628	584	32 SPKE	4th and Long (N)		Jesse James Is a Dead Man		CSI: Crime Scene Invstgtn.		Spike's Most Amazing Videos		Disorderly
	521	560	34 TLC	Cake Boss (N)	Cake Boss	Little Couple	Little Couple	Little Couple	Little Couple	Cake Boss	Cake Boss	Little Couple
	616	522	39 SHO	The Outer Limits (CC)		Cashing In	Kink in Hair	Dr. Jekyll & Mr. Hyde (2008, Suspense) Dougray Scott. (CC)				House (CC)
	620	523	40 BVO	La Traviata	Opera Easy	Law & Order (CC)		Without a Trace (CC)		Richard III ★★★ (1996) Ian McKellen. (CC)		
	601	562	41 SLC	In Laws	In Laws	ET Canada	Til Debt-Part	Real Housewives OC		Trading Spouses		Biggest Loser
	520	505	42 DIS	American Loggers (N) (CC)		Daily Planet (CC)		MythBusters "Dog Myths"		American Loggers (CC)		Dirty Jobs
	522	506	44 HIS	NCIS "Escaped" (CC)		Tank Overhaul (CC)		Last Flight to Berlin		NCIS "Escaped" (CC)		Marine Mach.
	627	528	45 SPC	Earthquake: Nature		Stargate SG-1 "End Game"		Star Trek: Next Gener.		Star Trek: Voyager (CC)		Star Trek: Ent.
	294	650	47 TBS	Earl	Earl	Bill Engvall	Sex and-City	Sex and-City	Blue Streak ★ (1999) (PA) Martin Lawrence. (CC) (DVS)			
	619	525	48 TROP	Once a Thief (CC)		Carlawood (N)	Prod. Parker	Ground Up		Are You Smarter		Weekend
	603	561	52 FN	At the Table	At the Table	Restaurant Makeover (CC)		Unwrapped	Unwrapped	Food	Glutton	Food
	626	547	57 COM	Air Farce	Just for Laughs (CC)		Corner Gas	The Simpsons	South Park	Jamie Kennedy: Unwashed		Daily Show
	320	621	30 CEN	(6:25) Are We Done Yet? ★		Durham County (CC)		Nurse Jackie	Californication	Dexter "Finding Freebo"		Durham
	581	566	101 MTV	Living	Living	MTV Live	After	Run's House	Living	Living	Living	MTV Live
	261	394	102 V	Secret Files of the Inquisition		Poltergeist: The Legacy		Cocoon ★★★ (1985, Fantasy) Don Ameche, Wilford Brimley, Brian Dennehy.				
	-	-	105 MUL	Banquet	Kingdom-Wind	Can't Live Without Her		Marimar		Pinoy	Pinoy Records	Patrol World

critics'corner

Lie to Me
Lightman (Tim Roth) becomes obsessed with his investigation of two women (guest stars Naila Azad and Seema Lazar) who committed suicide. The team tries to recover billions of dollars for investors who were scammed by a Ponzi scheme. Kelli Williams also stars in "Depraved Heart." 6 PM on STR, 9 PM on GTV FOX

Great American Road Trip
The six remaining families leave St. Louis from the city's famous arch and head into the Missouri countryside to experience the famous Meramec Caverns, where outlaw Jesse James once hid. Later, the contestants drive into family-friendly Branson, Mo., where they must perform skits for singer Andy Williams and comic Yakov Smirnoff in the new episode "Gateway to the West." 8 PM on NBC

The story that keeps getting sadder

Less than a month after Kate Gosselin filed for divorce, Jon Gosselin and 22-year-old Hailey Glassman (the daughter of the doctor who performed Kate's tummy tuck) were spotted holding hands, usmagazine.com reports. METRO NEWS SERVICES

Celebrity Buzz

Stewart laughs off rumours

WHAT FUN Twilight star Kristen Stewart has been getting a kick out of the rumours flying around about her and co-star Robert Pattinson — including the latest that she's pregnant with his child. Stewart is currently filming The Runaways, a biopic about Joan Jett's famous punk band. "Joan and Kristen managed to have a laugh about the rumour," a source tells Life & Style.

METRO WORLD NEWS

Jolie finds her old love: Flying

BACK IN THE COCKPIT Angelina Jolie resumed one of her favourite hobbies in L.A. last week: Flying lessons, usamagazine.com reports. The actress, 34, went to Burbank without Brad Pitt or her kids to meet up with a flight instructor.

METRO WORLD NEWS

Fish brought me to my knees

NOW POISON-FREE Jeremy Piven — who dropped out of a Broadway run because of "mercury poisoning" from eating too much sushi — tells Men's Fitness that he's finally found balance.

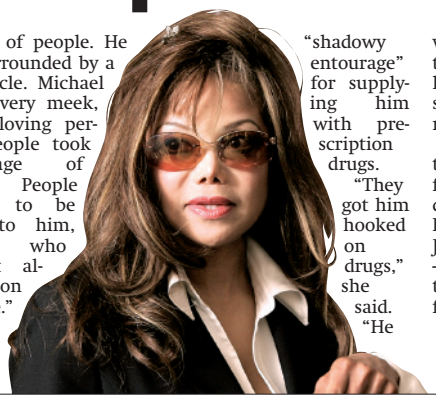
"I haven't touched a piece of fish in nine months," he tells the magazine. "If you don't balance your life, you're going to be brought to your knees — that's basically what happened to me."

METRO NEWS SERVICES

La Toya suspects murder

CRIME ALLEGED One week after Los Angeles police confirmed that investigators had not ruled out homicide in the death of Michael Jackson, the late singer's older sister, La Toya Jackson, reveals that she suspects he was murdered, usmagazine.com reports the U.K.'s Mail On Sunday as saying.

"I believe Michael was murdered," she said. "I felt that from the start. Not just one person was involved, rather it was a conspiracy of people. He was surrounded by a bad circle. Michael was a very meek, quiet, loving person. People took advantage of that. People fought to be close to him, people who weren't always on his side."



She blamed this "shadowy entourage" for supplying him with prescription drugs.

"They got him hooked on drugs," she said. "He was pure and clean and then drugs came back into his system. I think it shocked his system so much it killed him."

Although results from toxicology tests will take a few more weeks to reveal a definitive cause of death, La Toya — who signed Jackson's death certificate — is certain the investigation will reveal her worst fears. METRO NEWS SERVICE

Show Seacrest the money

WHAT RECESSION? Ryan Seacrest is reportedly finalizing a deal that would make him one of the highest-paid reality TV hosts, tvguide.com reports. Seacrest now pulls just shy of $5 million US a year but would receive a "major pay raise."

METRO NEWS SERVICES

Rowe on the frontlines for kids

COURT BATTLE Debbie Rowe, the ex-wife and biological mother to two of Michael Jackson's three children, has kept a low profile since the singer's death on June 25. But now that a hearing has been scheduled at Los Angeles Superior Court on July 20 for temporary guardianship of the children, Rowe plans to be seen, people.com reports.

"(Debbie) says that she will definitely be at the custody hearing," says Marc Schaffel, a former business partner of Jackson's and a close friend of Rowe's.

Rowe's children — Prince Michael, 12, and Paris, 11 — have been staying with their grandmother Katherine Jackson at her Encino, Calif., home since the singer's death. Blanket (Prince Michael II), 7, Jackson's youngest child, was born from an unidentified surrogate.

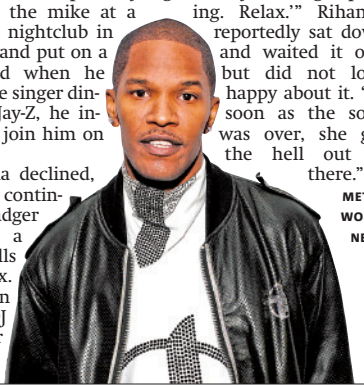
Katherine was named guardian in Jackson's will, and is petitioning the court to keep the children with her. Neither party is required to appear in court, an official says. METRO WORLD NEWS

Foxx a fool for Rihanna

SHE WASN'T LAUGHING Jamie Foxx shouldn't be expecting any party invitations from Rihanna anytime soon. The actor reportedly took over the mike at a party at a nightclub in Las Vegas and put on a show. And when he spotted the singer dining with Jay-Z, he insisted she join him on stage.

"Rihanna declined, but Foxx continued to badger her," a source tells Page Six. Foxx even had the DJ play her hit Umbrella, which only annoyed her more.

"She got up to leave, and Jamie shouted, 'You can't go while your song is playing. Relax.'" Rihanna reportedly sat down and waited it out, but did not look happy about it. "As soon as the song was over, she got the hell out of there."



METRO WORLD NEWS

Brit to switch faiths for new boyfriend?

ALL FOR LOVE Britney Spears is reportedly so head-over-heels in love with her new boyfriend and agent, Jason Trawick, that she's considering changing her religion.

While hitting the road in Europe, Spears has been spotted wearing a Star of David necklace, and she's even recruited a rabbi to help her study the faith, sources tell the Sun.

"Britney wants to try the religion Jason was brought up with," a source says of the singer, who was raised a Baptist but also dabbled in Kabbalah a few years back at Madonna's suggestion.

METRO WORLD NEWS

The mysterious Melrose

IT'S A SUPER SUPER SECRET Melrose Place star Ashlee Simpson-Wentz has no idea what sort of scandal will unfold on the upcoming TV series — because the show's producers refuse to let her read future scripts, female-first.co.uk reports.

The singer/actress is counting down the days until the show airs in the U.S. in September — so she can finally find out secrets about her character, Violet Foster, a small-town girl new to Los Angeles.

She tells MTV.com, "It's exciting because we don't get to see the next episode. We don't get to read the scripts until we're actually about to shoot it, and everyone is dying to know what's going to happen to their characters, so it's fun."

METRO WORLD NEWS

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Tuesday Partly cloudy 20° / 14°
Wednesday Sunny 21°/ 15°

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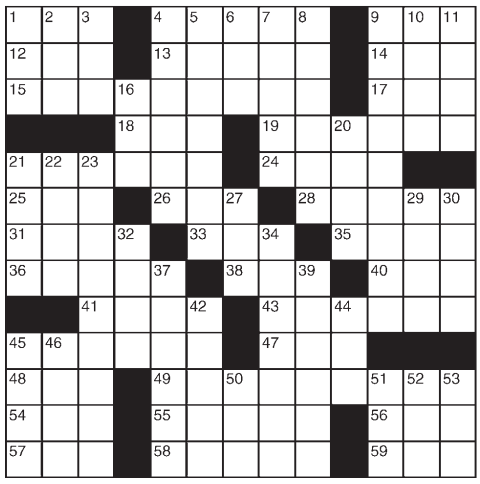
Take Five



Crossword across

1 Ocean motion
4 Fulton's power source
9 Winter ailment
12 Writer Buscaglia
13 Cognizant
14 Fleur-de- —
15 They get jacked up
17 Exist
18 Umpire's call
19 Heart lines?
21 Vacationers' site
24 Fit of peevishness
25 Biblical verb ending
26 Unfamiliar
28 Hits with the open hand
31 Ella's specialty
33 Shad product
35 Member of the brass (Abbr.)
36 Pitch
38 Tolkien creature
40 Greek vowel
41 Lima's country
43 Very funny joke (Sl.)
45 Scandinavian nation
47 Gorilla
48 Myrna of movies
49 Mountain road feature
54 Rd.
55 Mark above an ō
56 Doctor's charge
57 "Certainly"
58 Watched surreptitiously
59 — for (choose)

Crossword down

1 Sprite
2 — canto
3 Squeezing snake
4 Ringed planet
5 Chirp
6 Listener
7 Geometry answers
8 Quarks + antiquarks
9 Levies based on a single percentage
10 Old Italian money
11 Works with
16 Additionally
20 Anger
21 Take 10
22 Engrave
23 Having keen sight
27 Travail
29 Townshend of The Who
30 Cicatrix
32 Pigeon- —
34 Duel challenge
37 Takes with force
39 Drew from
42 Square
44 Prepared
45 Dispatch
46 Made on a loom
50 Foreman foe
51 E.T.'s craft
52 Agent, for short
53 Trawler gear

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

		1	8	5		4		9
5		4	7					2
	2							
7		9			4			
		6				3		
			1			7		8
							1	
8					1	5		3
2		3		7	9	8		

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

M	A	T	■	A	H	A	■	T	R	E	A	T
A	B	A	■	B	E	T	■	R	A	T	I	O
C	A	R	■	C	A	R	B	U	N	C	L	E
A	S	S	■	S	P	I	R	E	■	■	■	■
W	H	I	Z	■	E	A	U	■	T	O	G	A
■	■	■	L	E	D	■	T	W	O	B	I	T
E	L	I	O	T	■	■	O	P	I	N	E	■
B	A	N	T	A	M	■	B	O	A	■	■	■
B	O	N	Y	■	E	D	O	■	Z	O	N	E
■	■	■	■	J	A	I	L	S	■	P	A	L
G	A	R	F	U	N	K	E	L	■	A	V	E
A	L	I	A	S	■	E	R	E	■	L	A	G
S	P	O	R	T	■	S	O	W	■	S	L	Y

3	6	2	4	8	5	9	7	1
1	4	7	9	2	6	8	5	3
9	8	5	1	7	3	4	6	2
5	2	3	7	6	9	1	4	8
6	1	4	5	3	8	2	9	7
7	9	8	2	4	1	6	3	5
8	3	1	6	9	7	5	2	4
2	7	9	8	5	4	3	1	6
4	5	6	3	1	2	7	8	9

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SUDOKU SOLVE TIME:
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

Metro Recipe of the Day

Bean and Mushroom Burgers

INGREDIENTS:
1 can (19 oz /540 ml) red kidney beans
2 medium red onions
4 tbsp (60 ml) olive oil
2 tbsp (25 ml) red wine vinegar
2 tbsp (25 ml) light brown sugar
1/2 lb (250 g) cup mushrooms
1 clove garlic
1 tbsp (15 ml) garam masala
2 tbsp (25 ml) whole-wheat flour
Small bunch of fresh mint
Salt and black pepper
4 pita breads

METHOD:
1. Rinse beans well; spread on dish towel to drain.
2. For red onion relish, heat 1 tbsp (15 ml) olive oil in pot. Peel onions; slice one onion thinly and add to pot with vinegar and sugar. Bring to boil, stirring, then reduce heat and leave to simmer, uncovered, 15–20 minutes, or until onion is softened and slightly sticky, stirring from time to time. Remove pot from heat and keep warm.
3. Meanwhile, quarter remaining onion and put in food processor. Clean mushrooms, add to onion and process until finely chopped.
4. Heat another tablespoon of olive oil in frying pan, add onion and mushroom mixture, and cook over fairly high heat, stirring occasionally, for 5–8 minutes, or until golden and dry.
5. Peel garlic, crush into mushroom mixture, stir in garam masala and flour and cook 1 minute. Rinse, dry and chop enough mint to give 2 tbsp (25 ml). Remove pot from heat, add mint and season with salt and pepper.
6. Put beans onto deep plate and mash firmly with potato masher, then stir in cooled mushroom mixture.
7. Divide mixture into four; with lightly floured hands, shape portions into burgers.
8. Heat remaining oil in large frying pan, add burgers and cook over fairly high heat 6–8 minutes, turning once, until well browned. Warm pita breads.
9. Arrange burgers on warm plates and spoon onion relish over top. Serve with warm pitas and green salad.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes by Sally Brompton

sallybrompton.com

ARIES ♈
MARCH 21-APRIL 20
If your conscience tells you that what you are being asked to do by someone in a position of power is wrong you must say, "No."

TAURUS ♉
APRIL 21-MAY 21
Don't let anyone talk you into accepting less than you're entitled to today — either on the work front or in your private life — no matter their excuses.

GEMINI ♊
MAY 22-JUNE 21
You won't lack for energy or ambition now that go-getting Mars is transiting your sign, but watch out you don't push yourself too hard.

CANCER ♋
JUNE 22-JULY 22
The time has come to face up to a fear that has been tormenting you for as long as you can remember. The danger only exists in your mind.

LEO ♌
JULY 23-AUG 23
You will have zero tolerance today for anyone who tries to confuse or mislead you. You demand the truth of your friends and colleagues.

VIRGO ♍
AUG 24-SEPT 22
With Mars, planet of ambition, transiting the career area of your chart you can sense this is the time to make an impression at work. Make it a big one.

LIBRA ♎
SEPT 23-OCT 23
You'll need some time to yourself today to get your head around changes in your life. If you don't feel up to a meeting of some kind, reschedule it.

SCORPIO ♏
OCT 24-NOV 22
Today you'll test the theory that the best way to break an obsession is to indulge it so much you get sick of it. One thing's for sure: you'll have fun.

SAGITTARIUS ♐
NOV 23-DEC 21
A relationship has reached the point where you must either commit to it one hundred per cent or forget about it and move on to other things.

CAPRICORN ♑
DEC 22-JAN 20
Let other people take care of details today. Keep your eye on the bigger picture and ensure the project you're working on with others stays on course.

AQUARIUS ♒
JAN 21-FEB 18
Mars in your fellow Air sign of Gemini endows you with limitless self-belief. It also gives you the physical energy you will need to tackle a task.

PISCES ♓
FEB 19-MARCH 20
A highly personal situation needs to be dealt with and there may be tears before bedtime. Don't hold back if you've got something to say.

Jimi Hendrix's Shrine

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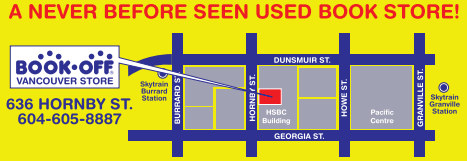

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